

# CHARTWELLS AUTUMN & WINTER MENU

Week

Commencing

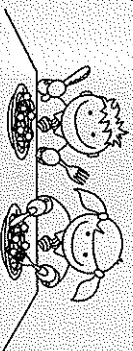
Monday

Tuesday

Wednesday

Thursday

Friday



Week One  
30/08/10  
20/09/10  
11/10/10  
08/11/10  
29/11/10  
03/01/11  
24/01/11  
14/02/11

Mild Chicken Korma  
Vegetable Chili (V)  
served with  
Steamed Rice  
Assorted Filled Jacket Potatoes  
Sweet Corn  
Green Beans  
Shortbread Biscuit  
with Fresh Fruit Slices

Beef & Mushroom Pie  
Mashed Potato  
Cheese & Tomato Pizza (V)  
with Jacket Wedges  
Assorted Filled Jacket Potatoes  
Garden Peas  
Fresh Cabbage  
Fruit in Jelly & Ice Cream

Roast Chicken  
Sage & Onion Stuffing  
Vegetarian Toad in the Hole (V)  
Crispy Roast Potatoes  
Gravy  
Assorted Filled Jacket Potatoes  
Fresh Carrots  
Fresh Broccoli Florets  
Dorset Apple Cake  
with Vanilla Sauce

Spaghetti Bolognaise  
Macaroni Cheese with Bread  
Wedges (V)  
Assorted Filled Jacket Potatoes  
Sweet Corn  
Crunchy Coleslaw  
Rice Pudding  
with Fruit

Salmon Fish Fingers  
Spanish Omelette (V)  
served with  
Chips  
Assorted Filled Jacket Potatoes  
Baked Beans  
Garden Peas  
Chocolate Sponge  
with Chocolate Sauce

Week Two  
06/09/10  
27/09/10  
18/10/10  
15/11/10  
06/12/10  
10/01/11  
31/01/11

Lasagne  
Beany Hot Pot (V)  
served with  
Crispy Bread Wedges  
Assorted Filled Jacket Potatoes  
Sliced Carrots  
Green Beans  
Orange Firecracker Sponge  
with Custard

Harvest Chicken Casserole  
Cheese & Red Pepper Whirls (V)  
served with  
Jacket Wedges  
Assorted Filled Jacket Potatoes  
Garden Peas  
Fresh Leeks  
Fruit Strudel  
with Custard

Roast Topside of Beef  
Quorn Roast (V)  
Yorkshire Pudding  
Crispy Roast Potatoes  
Gravy  
Assorted Filled Jacket Potatoes  
Fresh Carrots  
Seasonal Fresh Cabbage  
Fair Trade Banana & Chocolate  
Muffin

Baked Sausages  
Leek & Cheddar Sausages (V)  
Creamed Potato  
Onion Gravy  
Assorted Filled Jacket Potatoes  
Garden Peas  
Fresh Broccoli Florets  
Apple Flapjack  
with Custard

Battered Cod Fillet  
Cheese & Onion Quiche (V)  
served with  
Chips  
Assorted Filled Jacket Potatoes  
Baked Beans  
Sweet Corn  
Iced Carrot Cake

Week Three  
13/09/10  
04/10/10  
01/11/10  
22/11/10  
13/12/10  
17/01/11  
07/02/11

Cajun Spiced Chicken  
Steamed Rice  
Macaroni Cheese (V)  
Herb Bread Wedge  
Assorted Filled Jacket Potatoes  
Fresh Carrots  
Sweet Corn  
Fruit Crumble  
with Custard

Cod Fish Fingers  
Mashed Potatoes  
Italian Cheese  
Risotto (V)  
Assorted Filled Jacket Potatoes  
Garden Peas  
Grated Carrots  
Ice Cream served  
with Fruit

Roast Pork  
Sage & Onion Stuffing  
Lentil Roast (V)  
Crispy Roast Potatoes  
Gravy  
Assorted Filled Jacket Potatoes  
Fresh Cauliflower  
Mashed Swede  
Pear & Ginger Sponge  
with Custard

Shepherds Pie  
Cheese & Tomato Pizza (V)  
Potato Wedges  
Assorted Filled Jacket Potatoes  
Fresh Broccoli Florets  
Fresh Carrots  
Apple Pancake  
with Vanilla Sauce

Premium Burger in a Bun  
Quorn Burger in a Bun (V)  
served with  
Chips  
Assorted Filled Jacket Potatoes  
Baked Beans  
Garden Peas  
Wholemeal Chocolate Crunch  
with Fruit Slices

The following will be available daily - Fresh Fruit as an alternative to dessert, Selection of Seasonal Salad, Homemade Bread, Chilled Water and Cold Milk  
(V) Vegetarian Option